

StandardLeisure

What's On

BINGO, GAMES and QUIZ NIGHTS

4 Cash bingo, Lower Plume School, Maldon, 7pm, £1.
6 Cash bingo, Lower Plume School, Maldon, 8pm, £1.

CAR BOOT and JUMBLE SALES

Sundays Lazybones boot sale, Whitehouse Farm, Rettendon, 10.30am, 50p, children free. 01245 400293 or 07535 111340.

CLASSES and WORKSHOPS

Tuesdays and Wednesdays Atelier Montsale Art School for adults, Atelier Montsale, 1 Marsh Road, Southminster, 6pm. 01621 773630.

4 Children's summer art and crafts fun morning, Woodham Ferrers Congregational Church, Main Road, Woodham Ferrers, 10am-12.15pm, £3. 01702 551950 or 07504 523819.

4 Want to know what it is like to be a soldier?, Combined Military Services Museum, Maldon, 11am. 01621 841826.

6 Children's glitter and glue craft activity, Lower Plume School, Maldon, 1.30pm-3.30pm, £3.

6 Getting started with acrylics and oils, Friends Meeting Hall, Butt Lane, Maldon, 9.30am, £39. 01621 779618.

CLUBS and SOCIETIES

Thursdays Dengie and Maldon Outreach Project, central Maldon and Burnham area, call for venue information, 7.30pm, free. 01245 250256 or 07949 348820 (text).

8 Harlow Blackwater Sailing Club open day, Harlow Blackwater Sailing Club, end of North Drive, Mayland, 10am-2.30pm, free. 01702 559570 or 01621 740300.

DANCE

Tuesdays Salsa chillout, Three Rivers

Ben will help you fight the flab



● Getting into shape – instructor Ben Chapman puts recruits through their paces at the Essex Boot Camp in Maldon.

ESSEX Boot Camp is whipping the people of Maldon into shape twice a week throughout the summer and beyond.

Former Royal Marine Ben Chapman, 29, is in charge of turning boot campers into toned and lean units at the hour-long sessions on Wednesdays and Saturdays.

The boot camps get you fit by using classic exercises and while there is plenty of fun to be had, there is no chance of slacking off with Ben to keep you motivated.

Sessions are held on Wednesdays at the Blackwater Leisure Centre, in Maldon, from 7pm, and on Saturdays from 9am at the town's Promenade Park.

For more details, go to essexbootcamp.com

■ In last week's Standard, we incorrectly referred to Essex Boot Camp as British Military Fitness. We are happy to clarify that the two are completely separate organisations.

Golf and Country Club, Stow Road, Cold Norton, 8.30pm, £7.50. 07974 123567.

Tuesdays Step in line line dancing, WRVS Hall, 49b Mill Road, Maldon, 7.30pm, £5. 07912 567032.

Thursdays Rob's Raiders line dance, Milldene Primary School, Barbrook Lane, Tiptree, 7pm, £4.50. 07776 402237.

5 Morris dancing with Dark Horse Morris side, Hythe Quay, Maldon, 8pm.

10 Morris dancing with the Maldon Green Jackets, The Norton barge, Cold Norton, 7.30pm. 01268 747869.

EXHIBITIONS

Until 7 People and Places exhibition, Maeldune Heritage Centre, Maldon, Tuesday-Friday 1pm-4pm, Saturday 10am-4pm. 01621 851628.

Until 8 Exhibition of photography by Alan Dorrill, History Museum, The Quay, Coronation Road, Burnham, 2pm-5pm, free, museum admission charge will be waived if only the photograph exhibition is to be visited.

Until September 5 St Peter's Chapel exhibition, St Lawrence Rural Discovery Church, Saturday and Sunday 2.30pm-4.30pm.

FAIRS, FETES and MARKETS

5 Children's fete, Lower Plume School, Maldon, 2pm-4pm.

7 Maldon Secondhand Market, Town Hall, Market Hill, Maldon, 9am-3pm.

7-8 First anniversary weekend celebration, The Norton, 54 Latchingdon Road, Cold Norton, noon-11.30pm, free. 01621 826948.

FESTIVALS, SHOWS and OUTDOOR EVENTS

Until 8 Maldon Carnival funfair, Promenade Park, Maldon.

4 Baby show, Lower Plume School, Maldon, 1pm, £1.50.

5 Car treasure hunt, start at Lower Plume School, Maldon, from 6.15pm, £5 per car.

7 Bradwell Flower Show and Companion Dog Show, village hall, South Street, Bradwell, 2pm-5pm, 50p, children up to 16 free. 01621 776588.

7 Maldon Carnival, procession leaves Cross Road at 2.15pm, arena events in Promenade Park from 4pm. 07710 800764.

HEALTH and BEAUTY

6 Sole Mate pamper and gift evening, Carnival Hall, Arcadia Road, Burnham, 7.30pm, £2. 01621 774827.

MUSIC

7 Viennese Evening, Hatfield place, Hatfield Peverel, 7pm, £25 includes Viennese meal, wine and coffee. 01376 502674 or 328868.

RELIGIOUS EVENTS

Sundays What are you doing on Sunday?, Elim Pentecostal Church, Wantz Road, Maldon, 11am, free.

SPORT and FITNESS

6 Maldon Carnival bowls drive, Promenade Bowling Green, Maldon, 6.15pm.

TALKS, TOURS and MEETINGS

Wednesdays Maldon Business 2 Business BNI, The Bull, 2 Maldon Road, Great Totham, 6.45am, £10. 07710 023516.

WALKS

6 Fitsteps summer walk, meet at Daisy Meadow Car Park, Heybridge Basin, 10am. 01245 222530.

Get your event included in our What's On guide and on our website at maltonandburnhamstandard.co.uk

Cinemas

BIO - BURNHAM
FRI AUG 6 TO THURS AUG 12

CATS & DOGS 2 (A)
Revenge of Kitty O'Leary
Daily
12.30pm, 8pm, 9pm

TOY STORY 2 (A)
Daily
1pm & 7pm

SHREK 4 (PG)
Daily 2.45pm

INCEPTION (12A)
Nightly 7.15pm

TWILIGHT ECLIPSE (12A)
Nightly 4.45pm

Promote Your Business
Call 01375 411510

Car Boot Fair

BOOT SALE
Jubilee field
St Lawrence
9.00am
Sunday 8th August
Vendors from 8am
Cars £6 Vans £8
25p Entrance Fee
All proceeds to Village Hall Fund
Enquires:
01621 779285

Car Boot Fair

GIANT BOOT SALE
Every Sunday and Bank Holiday Mondays 10am-5pm
Excludes General Farm alongside A12
BUSIEST IN ESSEX
Giant boot sale from 10am to 5pm
Refreshments available
Can take large vans etc
Astonish 70, 100 & 120cm Free
No Crawlers or 4x4s Allowed
Country Group 01279 871117/07779 842948
www.countrygroup.co.uk

BAYTREE FARM GIANT BOOT SALE
EVERY SATURDAY & BANK HOLIDAY MONDAYS
A120 COGGESHALL ROAD, BRAintree
7am - 2pm
ALL PITCHES £8.00
NO NEED TO BOOK
TEL: 0845 1308092/07834 750698

BOOTSALe BOYTON HALL SHOWGROUND
Boyle Drive, Boyton, Braintree, DH1 4JJ (01450)
Cars £5, Vans £10
Full size vans opening 10am-5pm
RVs and 4x4s, 100cm FREE. 100cm entry 50p.
Every Sunday and Bank Holiday Monday
Phone 07596 460602 or 01245 421411

GREAT CAR BOOT SALES
WEDNESDAYS at MARKS TEY
008 100 (Pitches: cars £12, vans £14)
SUNDAYS & BH MONDAYS at ARDLIGH, (Pitches: £12 / £14)
a late rise THURSDAYS (Pitches: £12 / £14, gates open at 7.30) 097 788
SATURDAYS at WEELEY
0078 008, (Pitches: £10 / £14)
Start 7. Sellers close from 8 to 11
07840 04180/07225 282408 • www.bcdgroup.com

Entertainments

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Maldon & Burnham Standard
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Forthcoming Events
BRADWELL-ON-SEA FLOWER SHOW & DOG SHOW
Saturday 7th August
2.00pm - 5.00pm
Village Hall and field
Admission Adults 50p up to 16 years FREE
Enquires, telephone 01621 776588

Colchester Business Fair
7th September 2010
15.00 (incl. lunch with 10% discount)

Colchester Business Fair
7th September 2010
15.00 (incl. lunch with 10% discount)

Single? Try Speed Dating
★ ONLY £15 ★

Day	Date	Age Range	Location
Tuesday	27th July	(35-45yrs)	Colchester
Thursday	29th July	(25-35yrs)	Rayleigh
Thursday	12th August	(35-45yrs)	Rayleigh
Wednesday	18th August	(35-45yrs)	Chelmsford
Thursday	26th August	(45-55yrs)	Rayleigh
Wednesday	1st Sept	(45-55yrs)	Chelmsford
Thursday	9th Sept	(25-35yrs)	Rayleigh

For bookings and more information Call FREE on 0800 111 82 62
8am-6.45pm Monday-Friday. 9am-1.45pm Saturday
or call into any of our local newspaper offices.
or visit: www.gazette-news.co.uk/dating/speeddating

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